



Montag , 01.05

12:15 - 12:45

Cardio
Team

18:30 - 19:00

Total Body
Team

Dienstag , 02.05

09:00 - 09:30

Abdos
Team

Mittwoch , 03.05

12:15 - 12:45

Total Body
Team

18:30 - 19:00

Cardio
Team

Donnerstag , 04.05

Freitag , 05.05

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio
Team

Samstag , 06.05

Sonntag , 07.05