

Montag , 24.04

12:15 - 12:45

Cardio
Team

18:30 - 19:00

Total Body
Team

Dienstag , 25.04

09:00 - 09:30

Abdos
Team

Mittwoch , 26.04

12:15 - 12:45

Total Body
Team

18:30 - 19:00

Cardio
Team

Donnerstag , 27.04

Freitag , 28.04

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio
Team

Samstag , 29.04

Sonntag , 30.04