

Montag , 15.12

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Heike

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Jordane

12:15 - 13:00

Pump
Martina

Dienstag , 16.12

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Coralie

19:15 - 20:10

Zumba
Jeanne-Fleur

Mittwoch , 17.12

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Donnerstag , 18.12

Freitag , 19.12

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Carlos

Samstag , 20.12

Sonntag , 21.12

09:30 - 10:30

Pump
Team