

Montag , 21.11

12:15 - 12:45

Cardio Flash
Team

18:30 - 19:00

Toning Flash
Team

Dienstag , 22.11

09:00 - 09:30

Abdos
Team

Mittwoch , 23.11

12:15 - 12:45

Toning Flash
Team

18:30 - 19:00

Cardio Flash
Team

Donnerstag , 24.11

Freitag , 25.11

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio Flash
Team

Samstag , 26.11

Sonntag , 27.11