



Montag , 24.02

18:30 - 19:00

Total Body
Team

Dienstag , 25.02

09:00 - 09:30

Abdos
Team

Mittwoch , 26.02

18:30 - 19:00

Cardio
Team

Donnerstag , 27.02

18:30 - 19:00

Total Body
Team

Freitag , 28.02

09:00 - 09:30

Abdos
Team

18:30 - 19:00

Abdos
Team

Samstag , 01.03

Sonntag , 02.03