



Montag , 29.04

18:30 - 19:00
<i>Total Body</i>
Team

Dienstag , 30.04

09:00 - 09:30	18:30 - 19:00
<i>Abdos</i>	<i>Abdos</i>
Team	Team

Mittwoch , 01.05

18:30 - 19:00
<i>Cardio</i>
Team

Donnerstag , 02.05

18:30 - 19:00
<i>Total Body</i>
Team

Freitag , 03.05

09:00 - 09:30	12:15 - 12:45	18:30 - 19:00
<i>Abdos</i>	<i>Cardio</i>	<i>Abdos</i>
Team	Team	Team

Samstag , 04.05

Sonntag , 05.05