

Montag , 14.08

18:30 - 19:00

Total Body
Team

Dienstag , 15.08

09:00 - 09:30

Abdos
Team

18:30 - 19:00

Abdos
Team

Mittwoch , 16.08

18:30 - 19:00

Cardio
Team

Donnerstag , 17.08

18:30 - 19:00

Total Body
Team

Freitag , 18.08

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio
Team

18:30 - 19:00

Abdos
Team

Samstag , 19.08

Sonntag , 20.08