

Montag , 26.06

18:30 - 19:00

Total Body
Team

Dienstag , 27.06

09:00 - 09:30

Abdos
Team

18:30 - 19:00

Abdos
Team

Mittwoch , 28.06

18:30 - 19:00

Cardio
Team

Donnerstag , 29.06

18:30 - 19:00

Total Body
Team

Freitag , 30.06

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio
Team

18:30 - 19:00

Abdos
Team

Samstag , 01.07

Sonntag , 02.07