

Montag , 30.01

12:15 - 12:45

Cardio Flash
Team

18:30 - 19:00

Toning Flash
Team

Dienstag , 31.01

09:00 - 09:30

Abdos
Team

Mittwoch , 01.02

12:15 - 12:45

Toning Flash
Team

18:30 - 19:00

Cardio Flash
Team

Donnerstag , 02.02

Freitag , 03.02

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio Flash
Team

Samstag , 04.02

Sonntag , 05.02