

Montag , 26.05

08:30 - 09:25

Yoga
Lisa

09:45 - 10:40

Pilates
Monika

18:20 - 19:15

Pump
Marlis

19:30 - 20:25

Pilates
Ajla

Dienstag , 27.05

09:10 - 10:05

MC (Mental Centering)
Lisa

18:40 - 19:35

BBP (Bauch, Beine, Po) /
Bodytone
Renata

Mittwoch , 28.05

08:00 - 08:55

Pilates
Monika

09:00 - 09:55

BBP (Bauch, Beine,
Po) / Bodytone
Monika

18:50 - 19:45

Dance Aerobic / Dance
Mix
Patrick Juvet

20:00 - 20:55

Yoga
Silvana

Donnerstag , 29.05

Freitag , 30.05

09:00 - 09:55

Pump
Ajla

10:05 - 11:00

Yoga
Nadine

Samstag , 31.05

Sonntag , 01.06