

### Montag , 13.10

#### **18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Angela

#### **19:10 - 20:05**

*Zumba*  
Karin

### Dienstag , 14.10

#### **18:00 - 18:25**

*Functional Workout*  
Marina

#### **18:30 - 19:25**

*TRX*  
Marina

### Mittwoch , 15.10

#### **17:30 - 18:25**

*Fighttime 55'*  
Jeniffer

#### **18:30 - 19:25**

*Power Yoga*  
Yinny

### Donnerstag , 16.10

#### **18:00 - 18:55**

*TRX*  
Janine

#### **19:10 - 20:05**

*Zumba*  
Karin

### Freitag , 17.10

#### **09:00 - 09:55**

*Power Yoga*  
Yinny

#### **10:00 - 10:25**

*Simply Core*  
Yinny

### Samstag , 18.10

### Sonntag , 19.10

#### **11:00 - 11:55**

*Fighttime 55'*  
Jeniffer