

Montag , 17.03

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Dienstag , 18.03

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mittwoch , 19.03

17:30 - 18:25

Fighttime 55'
Jeniffer

18:30 - 19:25

Power Yoga
Yinny

Donnerstag , 20.03

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Freitag , 21.03

09:00 - 09:55

Power Yoga
Yinny

10:00 - 10:25

Simply Core
Yinny

17:45 - 18:40

Pump
Renate

Samstag , 22.03

Sonntag , 23.03

10:00 - 10:55

Zumba
Karin