

Montag , 31.07

Dienstag , 01.08

Mittwoch , 02.08

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

Pump
Marion

Donnerstag , 03.08

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Freitag , 04.08

18:30 - 19:25

Step Aerobic
Padhy

Samstag , 05.08

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Sonntag , 06.08

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Marion