

Montag , 27.03

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Dienstag , 28.03

18:30 - 19:25

Zumba
Tanja

19:45 - 20:15

*update Akademie P.I.I.T
Release*
Dario

Mittwoch , 29.03

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

Pump
Marion

Donnerstag , 30.03

09:15 - 10:10

Zumba
Simone

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

19:30 - 20:25

Deep Work
Noy

Freitag , 31.03

18:30 - 19:25

Step Aerobic
Atilla

Samstag , 01.04

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Sonntag , 02.04

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Marion