

Montag , 12.12

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Dienstag , 13.12

18:30 - 19:25

Zumba
Tanja

19:45 - 20:15

*update Akademie P.I.I.T
Release*
Dario

Mittwoch , 14.12

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

Pump
Marion

Donnerstag , 15.12

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Freitag , 16.12

18:30 - 19:25

Step Aerobic
Padhy

Samstag , 17.12

10:00 - 10:30

Simply Core
Tanja

10:45 - 11:40

Pump
Tanja

Sonntag , 18.12

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Marion