

### Montag , 25.03

**09:15 - 10:10**

*Full Body Workout*  
 Nicole

**18:00 - 18:30**

*P.I.I.T*  
 Myrta

**18:35 - 19:05**

*Simply Core*  
 Myrta

**20:00 - 20:55**

*Pump*  
 Jacqueline

### Dienstag , 26.03

**09:15 - 10:10**

*Pilates*  
 Dominique

**19:00 - 19:55**

*Full Body Workout*  
 Nicole

**19:00 - 19:55**

*Cycling*  
 Patrik

### Mittwoch , 27.03

**09:15 - 09:45**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Nicole

**09:50 - 10:20**

*P.I.I.T*  
 Nicole

**12:15 - 12:45**

*P.I.I.T*  
 Myrta

**12:45 - 13:15**

*Simply Core*  
 Myrta

**19:00 - 19:55**

*Pump*  
 Alexandra

### Donnerstag , 28.03

**09:15 - 10:10**

*Yoga*  
 Nadine

**18:00 - 18:55**

*Zumba*  
 Andrea

**18:30 - 19:25**

*Cycling*  
 Patrik

**19:00 - 19:55**

*Pilates*  
 Dominique

### Freitag , 29.03

### Samstag , 30.03

### Sonntag , 31.03