

Montag , 15.07

09:15 - 10:10

Full Body Workout
Angela

18:00 - 18:30

P.I.I.T
Myrta

18:35 - 19:05

Simply Core
Myrta

Dienstag , 16.07

09:15 - 10:10

Pilates
Dominique

Mittwoch , 17.07

09:15 - 10:10

Functional Workout
Nicole

12:15 - 12:45

P.I.I.T
Myrta

12:45 - 13:10

Simply Core
Myrta

19:00 - 19:55

Pump
Alexandra

Donnerstag , 18.07

09:30 - 10:25

Yoga
Nadine

18:00 - 18:55

Zumba
Andrea

19:00 - 19:55

Pilates
Dominique

Freitag , 19.07

Samstag , 20.07

Sonntag , 21.07