

Montag , 25.09

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

20:00 - 20:55

Pump
Alexandra

Dienstag , 26.09

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Full Body Workout
Nicole

Mittwoch , 27.09

09:15 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Nicole

09:50 - 10:20

P.I.I.T
Nicole

19:00 - 19:55

Pump
Alexandra

Donnerstag , 28.09

09:15 - 10:10

Mobility
Marion

12:15 - 13:10

Pump
Darina

18:00 - 18:55

Zumba
Andrea

Freitag , 29.09

08:15 - 09:10

Pump
Jacqueline

Samstag , 30.09

Sonntag , 01.10