

Montag , 07.08

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

20:00 - 20:55

Pump
Darina

Dienstag , 08.08

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Full Body Workout
Nicole

Mittwoch , 09.08

09:15 - 09:45

P.I.I.T
Myrta

09:50 - 10:20

Simply Core
Myrta

18:30 - 19:25

Pump
Darina

19:35 - 20:30

Functional Workout
Nicole

Donnerstag , 10.08

18:00 - 18:55

Zumba
Andrea

Freitag , 11.08

09:15 - 10:10

Full Body Workout
Nicole

Samstag , 12.08

Sonntag , 13.08