

Montag , 31.07

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

Dienstag , 01.08

Mittwoch , 02.08

09:15 - 10:10

Full Body Workout
Nicole

19:35 - 20:30

Functional Workout
Nicole

Donnerstag , 03.08

18:00 - 18:55

Zumba
Andrea

Freitag , 04.08

Samstag , 05.08

Sonntag , 06.08