

Montag , 17.07

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

Dienstag , 18.07

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Full Body Workout
Nicole

Mittwoch , 19.07

09:15 - 10:10

Full Body Workout
Nicole

19:35 - 20:30

Functional Workout
Nicole

Donnerstag , 20.07

18:00 - 18:55

Zumba
Andrea

Freitag , 21.07

Samstag , 22.07

Sonntag , 23.07