

Montag , 22.05

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

20:00 - 20:55

Pump
Darina

Dienstag , 23.05

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Full Body Workout
Nicole

Mittwoch , 24.05

09:15 - 09:45

Pump i.t.
Corina

09:50 - 10:20

P.I.I.T
Corina

18:30 - 19:25

Pump
Darina

19:35 - 20:30

Functional Workout
Nicole

Donnerstag , 25.05

09:15 - 10:10

Yoga
Fabienne

18:00 - 18:55

Zumba
Andrea

Freitag , 26.05

09:15 - 10:10

Pump
Corina

Samstag , 27.05

Sonntag , 28.05