

Montag , 13.03

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

20:00 - 20:55

Pump
Darina

Dienstag , 14.03

06:45 - 07:40

Rückenfit
Tina

09:15 - 10:10

Pilates
Tina

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Full Body Workout
Nicole

Mittwoch , 15.03

09:15 - 10:10

Full Body Workout
Nicole

19:00 - 19:55

Pump
Alexandra

Donnerstag , 16.03

09:15 - 10:10

Yoga
Fabienne

18:00 - 18:55

Zumba
Andrea

Freitag , 17.03

09:15 - 10:10

Pump
Corina

Samstag , 18.03

Sonntag , 19.03