

Montag , 27.02

09:15 - 10:10

Full Body Workout
Nicole

18:00 - 18:30

P.I.I.T
Myrta

18:40 - 19:10

Simply Core
Myrta

20:00 - 20:55

Pump
Jacqueline

Dienstag , 28.02

06:45 - 07:40

Rückenfit
Tina

09:15 - 10:10

Pilates
Tina

12:00 - 12:55

Yoga
Syrille

19:00 - 19:55

Full Body Workout
Nicole

Mittwoch , 01.03

09:15 - 09:45

Pump i.t.
Corina

09:50 - 10:20

P.I.I.T
Corina

19:00 - 19:55

Pump
Alexandra

Donnerstag , 02.03

09:15 - 10:10

Yoga
Fabienne

18:00 - 18:55

Zumba
Andrea

19:00 - 19:55

Pilates
Tina

Freitag , 03.03

09:15 - 10:10

Pump
Corina

Samstag , 04.03

Sonntag , 05.03