

Montag , 05.06

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sarah

18:30 - 19:25

Zumba
Gabriela

Dienstag , 06.06

17:45 - 18:40

Kick Power
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mittwoch , 07.06

09:00 - 09:55

Functional Workout
Nancy

19:00 - 19:55

Functional Workout
Nancy

Donnerstag , 08.06

18:00 - 18:55

Pump
Ruth

Freitag , 09.06

09:00 - 09:55

Functional Workout
Nancy

Samstag , 10.06

Sonntag , 11.06