update Fitness Worb
Neufeldstrasse 4
3076 Worb Schweiz
Telefon031 506 91 34
Center Management: Bruno

Gruppenfitnessplan update Fitness Worb

Montag , 29.05

09:00 - 09:55
BBP (Bauch, Beine, Po) / Bodytone
Nancy

Dienstag , 30.05

17:45 - 18:40
Kick Power
Sonia

18:45 - 19:40
Bodybalance
Team

Mittwoch , 31.05

09:00 - 09:55
Functional Workout
Nancy

19:00 - 19:55
Functional Workout
Nancy

Donnerstag , 01.06

18:00 - 18:55
Pump
Ruth

Freitag , 02.06

09:00 - 09:55
Functional Workout
Nancy

Samstag , 03.06

Sonntag , 04.06