

Montag , 20.03

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nancy

**18:30 - 19:25**

*Zumba*  
Gabriela

Dienstag , 21.03

**17:45 - 18:40**

*Kick Power*  
Sonia

**18:45 - 19:40**

*Bodybalance*  
Sonia

Mittwoch , 22.03

**09:00 - 09:55**

*Functional Workout*  
Nancy

**19:00 - 19:55**

*Functional Workout*  
Nancy

Donnerstag , 23.03

**18:00 - 18:55**

*Pump*  
Ruth

Freitag , 24.03

**09:00 - 09:55**

*Functional Workout*  
Nancy

Samstag , 25.03

Sonntag , 26.03