

Montag , 28.08

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadja

18:30 - 19:25

Zumba
Gabriela

Dienstag , 29.08

17:45 - 18:40

Kick Power
Laura

18:45 - 19:40

Bodybalance
Laura

Mittwoch , 30.08

Donnerstag , 31.08

18:00 - 18:55

Pump
Ruth

Freitag , 01.09

09:00 - 09:55

Functional Workout
Nadja

Samstag , 02.09

Sonntag , 03.09