

Montag , 31.07

08:30 - 09:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadja

18:30 - 19:25

Zumba
Gabriela

Dienstag , 01.08

Mittwoch , 02.08

09:00 - 09:55

Functional Workout
Nadja

Donnerstag , 03.08

18:00 - 18:55

Pump
Ruth

Freitag , 04.08

09:00 - 09:55

Functional Workout
Nadja

Samstag , 05.08

Sonntag , 06.08