

Montag , 10.04

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nancy

Dienstag , 11.04

17:45 - 18:40

Kick Power
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mittwoch , 12.04

09:00 - 09:55

Functional Workout
Nancy

19:00 - 19:55

Functional Workout
Nancy

Donnerstag , 13.04

18:00 - 18:55

Pump
Ruth

Freitag , 14.04

09:00 - 09:55

Functional Workout
Nancy

Samstag , 15.04

Sonntag , 16.04