

Montag , 02.01

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nancy

Dienstag , 03.01

Mittwoch , 04.01

09:00 - 09:55

Functional Workout
Nancy

19:00 - 19:55

Functional Workout
Nancy

Donnerstag , 05.01

17:30 - 18:25

Pump
Ruth

Freitag , 06.01

09:00 - 09:55

Functional Workout
Nancy

Samstag , 07.01

Sonntag , 08.01