

Montag , 26.12

Dienstag , 27.12

09:10 - 09:40

P.I.I.T
 Irene

09:40 - 10:10

BBP Special
 Irene

18:00 - 18:55

Spiralkraft
 Monika

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
 Monika

20:00 - 20:55

Zumba
 Angela

Mittwoch , 28.12

09:10 - 10:05

Zumba
 Miriam

10:10 - 11:05

Pilates
 Vivienne

17:50 - 18:45

Fitboxe
 Vivienne

19:00 - 19:55

Pump
 Claudia

20:10 - 21:05

Yoga
 Nadine

Donnerstag , 29.12

09:10 - 10:05

Pump
 Claudia

10:20 - 11:15

Spiralkraft
 Monika

19:00 - 19:30

P.I.I.T
 Vivienne

19:35 - 20:05

Simply Core
 Vivienne

20:10 - 21:05

Pilates
 Monika

Freitag , 30.12

09:10 - 09:40

P.I.I.T
 Katja

09:50 - 10:45

Yoga
 Katja

19:15 - 20:10

Yoga
 Nina

Samstag , 31.12

Sonntag , 01.01