

Montag , 05.09

08:00 - 08:55 <i>Pilates</i> Vasiliki	09:15 - 10:10 <i>Dance Step</i> Christina	09:15 - 09:45 <i>Senioren Cycling</i> Daniela	17:50 - 18:45 <i>Pump</i> Sandra	19:00 - 19:55 <i>Kick Power</i> Karin	19:00 - 19:55 <i>Cycling</i> Ralph	20:10 - 21:05 <i>Pilates</i> Petra
--	--	--	---	--	---	---

Dienstag , 06.09

09:10 - 09:40 <i>P.I.I.T</i> Irene	09:40 - 10:10 <i>BBP Special</i> Irene	10:30 - 11:25 <i>Rückengym Physio</i> Miriam	18:00 - 18:55 <i>Yoga</i> Nadine	19:00 - 19:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Vivienne	20:10 - 21:05 <i>Zumba</i> Angela
---	---	---	---	--	--

Mittwoch , 07.09

09:10 - 10:05 <i>Zumba</i> Miriam	10:10 - 11:05 <i>Pilates</i> Vasiliki	17:50 - 18:45 <i>Fitboxe</i> Irene	19:00 - 19:55 <i>Pump</i> Irene	20:10 - 21:05 <i>Yoga</i> Michaela
--	--	---	--	---

Donnerstag , 08.09

09:10 - 10:05 <i>Pump</i> Claudia	10:20 - 11:15 <i>Yoga</i> Nadine	18:00 - 18:55 <i>Rückengym Physio</i> Miriam	19:00 - 19:30 <i>P.I.I.T</i> Vivienne	19:35 - 20:05 <i>Simply Core</i> Vivienne	20:10 - 21:05 <i>Pilates</i> Vivienne
--	---	---	--	--	--

Freitag , 09.09

09:15 - 10:10 <i>Yoga</i> Alexandra	19:00 - 19:55 <i>Yoga</i> Nina
--	---

Samstag , 10.09

Sonntag , 11.09

10:00 - 10:55 <i>Zumba</i> Angela
--