

Montag , 11.07

08:00 - 08:55

Pump
Manu

09:05 - 10:00

Fighttime
Manu

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Monica

Dienstag , 12.07

09:00 - 09:55

Pilates
Petra

19:05 - 20:00

Fighttime
Rebecca

Mittwoch , 13.07

08:00 - 08:55

Pump
Manu

09:05 - 10:00

Fitboxe
Manu

19:05 - 20:00

Pump
Vicky

Donnerstag , 14.07

18:00 - 18:55

Pilates
Vicky

Freitag , 15.07

09:00 - 09:55

Rückengymnastik
Manu

10:05 - 11:00

Pump
Manu

Samstag , 16.07

Sonntag , 17.07