

### Montag , 26.06

**08:00 - 08:55**

*Pump*  
Manu

**09:05 - 10:00**

*Functional  
Workout*  
Manu

**10:05 - 10:35**

*Simply Core*  
Manu

**12:00 - 12:55**

*Pump*  
Manu

**18:00 - 18:55**

*Cycling*  
Patrick

**19:00 - 19:55**

*BBP (Bauch,  
Beine, Po) /  
Bodytone*  
Monica

**20:05 - 21:00**

*Yoga*  
Franziska

### Dienstag , 27.06

**09:00 - 09:55**

*Yoga*  
Amina

**19:00 - 19:30**

*P.I.I.T*  
Carmen

### Mittwoch , 28.06

**08:00 - 08:55**

*Pump*  
Manu

**09:05 - 10:00**

*Fitboxe*  
Manu

**10:05 - 11:00**

*Pilates*  
Manu

**18:00 - 18:55**

*Cycling*  
Ruedi

**19:00 - 19:55**

*Pump*  
Erika

### Donnerstag , 29.06

**18:00 - 18:55**

*Pilates*  
Monica

**19:00 - 19:55**

*Functional Workout*  
Monica

### Freitag , 30.06

**08:00 - 08:55**

*Rückengymnastik*  
Manu

**09:05 - 10:00**

*Pump*  
Manu

**17:30 - 18:25**

*Pump*  
Erika

### Samstag , 01.07

**09:00 -  
09:55**

*Pump meets  
P.i.i.t*  
Team

**09:00 -  
09:30**

*Pump i.t.*  
Team

**09:00 -  
09:55**

*Yoga*  
Team

**09:00 -  
09:55**

*Functional  
Workout*  
Team

**09:00 -  
09:55**

*Pilates*  
Team

**09:00 -  
09:55**

*Fitboxe*  
Team

**09:00 -  
09:55**

*P.I.I.T*  
Carmen

**09:00 -  
09:55**

*Pump*  
Team

**09:00 -  
09:55**

*BBP (*  
*Beine,*  
*Bodyt*

### Sonntag , 02.07