

Montag , 24.04

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Céline

19:05 - 20:00

Fitboxe
Eveline

Dienstag , 25.04

18:00 - 18:55

Functional Workout
Jasmin

19:00 - 19:30

Core Training
Jasmin

Mittwoch , 26.04

17:50 - 18:20

P.I.I.T
Luana

18:20 - 18:50

Simply Core
Luana

19:00 - 19:55

Fitboxe
Eveline

Donnerstag , 27.04

09:30 - 10:25

Pilates
Cordelia

18:00 - 18:55

Pump
Luana

19:00 - 19:30

Simply Core
Luana

Freitag , 28.04

Samstag , 29.04

Sonntag , 30.04

10:30 - 11:25

Powerstep
Eveline