

Montag , 25.03

08:30 - 09:25

Pump
Vicky

12:10 - 13:05

Pilates
Angelina

13:30 - 14:25

Rückenfit
Angelina

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Diana Patricia

20:00 - 20:55

Yoga
Anya

Dienstag , 26.03

09:00 - 09:55

Pilates
Brigitta

17:50 - 18:45

Rückenfit
Angelina

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Tamara

Mittwoch , 27.03

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
Karin

09:30 - 10:25

Yoga
Anya

18:00 - 18:55

Pilates
Francesca Serena

Donnerstag , 28.03

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Renata

10:00 - 10:55

Pilates
Marlene

18:30 - 19:25

Pump Special
Michael

Freitag , 29.03

10:00 - 10:55

Yoga
Dana

Samstag , 30.03

09:30 - 10:00

BBP (Bauch, Beine, Po) / Bodytone
Marlene

10:15 - 11:45

Yoga
Anya

Sonntag , 31.03

10:00 - 10:55

Pilates
Angelina