

Montag , 29.05

10:00 - 10:55

Pump meets P.i.i.t
Mariella

Dienstag , 30.05

09:00 - 09:55

Pilates
Brigitta

17:50 - 18:45

Rückenfit
Martina

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Mariella

Mittwoch , 31.05

08:30 - 09:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Michael

09:30 - 10:25

Yoga
Anya

18:00 - 18:55

Pilates
Martina

Donnerstag , 01.06

09:00 - 09:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Marlene

10:00 - 10:55

Pilates
Marlene

18:00 - 18:30

*BBP (Bauch, Beine,
Po) / Bodytone*
Mariella

18:45 - 19:15

P.I.I.T
Mariella

Freitag , 02.06

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Michael

Samstag , 03.06

09:30 - 10:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Lena

10:15 - 11:45

Yoga
Anya

Sonntag , 04.06

09:15 - 10:10

Pilates
Marlene

10:30 - 11:00

P.I.I.T
Mariella

11:15 - 12:10

Zumba
Ariane