

Montag , 15.05

08:30 - 09:25

Pump
Vicky

12:10 - 13:05

Pilates
Sibilla

13:30 - 14:25

Rückenfit
Sibilla

18:00 - 18:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Diana Patricia

19:15 - 19:45

Upcon
Lena

20:00 - 20:55

Yoga
Anya

Dienstag , 16.05

09:00 - 09:55

Pilates
Vicky

17:50 - 18:45

Rückenfit
Martina

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Mariella

Mittwoch , 17.05

08:30 - 09:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Karin

09:30 - 10:25

Yoga
Sibilla

18:00 - 18:55

Pilates
Martina

Donnerstag , 18.05

10:00 - 10:55

P.I.I.T Special
Sara

Freitag , 19.05

10:00 - 10:55

Rückenfit
Martina

17:30 - 18:25

Pump
Michael

Samstag , 20.05

09:30 - 10:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Sara

10:15 - 11:45

Pilates
Marlene

Sonntag , 21.05

09:15 - 10:10

Pilates
Marlene

10:30 - 11:00

P.I.I.T
Sandra

11:15 - 12:10

Zumba
Sabrina