

Montag , 11.07

08:30 - 09:25

*BBP (Bauch,
Beine, Po) /
Bodytone*
Michael

12:10 - 13:05

Yoga
Sibilla

13:30 - 14:25

Rückenfit
Sibilla

18:00 - 18:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Diana Patricia

19:15 - 19:45

Upcon
Lena

20:00 - 20:55

Yoga
Anya

Dienstag , 12.07

09:00 - 09:55

Pilates
Brigitta

17:50 - 18:45

Rückenfit
Franziska

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Diana Patricia

Mittwoch , 13.07

09:00 - 09:55

Pilates
Vicky

10:10 - 11:05

Pump
Vicky

19:10 - 20:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Lena

Donnerstag , 14.07

09:30 - 10:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Renata

18:00 - 18:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Mariella

18:45 - 19:15

P.I.I.T
Mariella

Freitag , 15.07

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Mariella

Samstag , 16.07

09:30 - 10:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Mariella

Sonntag , 17.07

09:15 - 10:10

Yoga
Anya

10:30 - 11:00

P.I.I.T
Mariella