

Montag , 20.06

08:30 - 09:25

BBP (Bauch,
Beine, Po) /
Bodytone
Karin

12:10 - 13:05

Yoga
Franziska

13:30 - 14:25

Rückenfit
Vicky

18:00 - 18:55

BBP (Bauch,
Beine, Po) /
Bodytone
Diana Patricia

19:15 - 19:45

Upcon
Lena

20:00 - 20:55

Yoga
Karin

Dienstag , 21.06

09:00 - 09:55

Pilates
Marlene

17:50 - 18:45

Rückenfit
Martina

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Mariella

Mittwoch , 22.06

09:00 - 09:55

Yoga
Jeannette

10:10 - 11:05

Pump
Vicky

18:00 - 18:55

Pilates
Martina

19:10 - 20:05

BBP (Bauch, Beine,
Po) / Bodytone
Lena

Donnerstag , 23.06

09:00 - 09:55

BBP (Bauch, Beine,
Po) / Bodytone
Renata

10:10 - 11:05

Pilates
Marlene

12:10 - 13:05

Pump
Cecilia

18:00 - 18:30

BBP (Bauch, Beine,
Po) / Bodytone
Mariella

18:45 - 19:15

P.I.I.T
Mariella

Freitag , 24.06

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Mariella

Samstag , 25.06

09:30 - 10:00

BBP (Bauch, Beine, Po) /
Bodytone
Vicky

10:15 - 11:45

Yoga
Anya

Sonntag , 26.06

09:15 - 10:10

Pilates
Brigitta

10:30 - 11:00

P.I.I.T
Lena

11:15 - 12:10

Zumba
Mariella