

Montag , 04.12

08:30 - 09:25

Pump
 Vicky

12:10 - 13:05

Pilates
 Vicky

13:30 - 14:25

Rückenfit
 Vicky

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Mariella

20:00 - 20:55

Yoga
 Anya

Dienstag , 05.12

09:00 - 09:55

Pilates
 Brigitta

17:50 - 18:45

Rückenfit
 Angelina

19:00 - 19:55

Zumba
 Sabrina

20:10 - 21:05

Pump
 Tamara

Mittwoch , 06.12

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
 Karin

09:30 - 10:25

Yoga
 Anya

18:00 - 18:55

Pilates
 Martina

Donnerstag , 07.12

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
 Renata

10:00 - 10:55

Pilates
 Marlene

18:00 - 18:30

BBP (Bauch, Beine, Po) / Bodytone
 Mariella

18:45 - 19:15

P.I.I.T
 Mariella

Freitag , 08.12

10:00 - 10:55

Rückenfit
 Marlene

17:30 - 18:25

Pump
 Michael

Samstag , 09.12

09:30 - 10:00

BBP (Bauch, Beine, Po) / Bodytone
 Mariella

10:15 - 11:45

Yoga
 Anya

Sonntag , 10.12

09:15 - 10:10

Yoga
 Franziska

10:30 - 11:00

P.I.I.T
 Sara

11:15 - 12:10

Zumba
 Sabrina