

Montag , 27.03

08:30 - 09:25

Pump
 Michael

12:10 - 13:05

Pilates
 Sibilla

13:30 - 14:25

Rückenfit
 Sibilla

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Diana Patricia

19:15 - 19:45

Upcon
 Lena

20:00 - 20:55

Yoga
 Anya

Dienstag , 28.03

09:00 - 09:55

Pilates
 Brigitta

17:50 - 18:45

Rückenfit
 Martina

19:00 - 19:55

Zumba
 Sabrina

20:10 - 21:05

Pump
 Tamara

Mittwoch , 29.03

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
 Sibilla

09:30 - 10:25

Yoga
 Sibilla

18:00 - 18:55

Pilates
 Martina

Donnerstag , 30.03

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
 Renata

10:00 - 10:55

Pilates
 Brigitta

18:00 - 18:30

BBP (Bauch, Beine, Po) / Bodytone
 Sandra

18:45 - 19:15

P.I.I.T
 Sandra

Freitag , 31.03

10:00 - 10:55

Rückenfit
 Marlene

17:30 - 18:25

Pump
 Michael

Samstag , 01.04

09:30 - 10:00

BBP (Bauch, Beine, Po) / Bodytone
 Sara

10:15 - 11:45

Yoga
 Jeannette

Sonntag , 02.04

09:15 - 10:10

Yoga
 Anya

10:30 - 11:00

P.I.I.T
 Lena

11:15 - 12:10

Zumba
 Ariane