

### Montag , 20.03

**08:30 - 09:25**

*Pump*  
 Vicky

**12:10 - 13:05**

*Pilates*  
 Sibilla

**13:30 - 14:25**

*Rückenfit*  
 Sibilla

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Diana Patricia

**19:15 - 19:45**

*Upcon*  
 Lena

**20:00 - 20:55**

*Yoga*  
 Anya

### Dienstag , 21.03

**09:00 - 09:55**

*Pilates*  
 Brigitta

**17:50 - 18:45**

*Rückenfit*  
 Martina

**19:00 - 19:55**

*Zumba*  
 Sabrina

**20:10 - 21:05**

*Pump*  
 Mariella

### Mittwoch , 22.03

**08:30 - 09:25**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Vicky

**09:30 - 10:25**

*Yoga*  
 Jennifer

**18:00 - 18:55**

*Pilates*  
 Martina

### Donnerstag , 23.03

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Renata

**10:00 - 10:55**

*Pilates*  
 Marlene

**18:00 - 18:30**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Mariella

**18:45 - 19:15**

*P.I.I.T*  
 Mariella

### Freitag , 24.03

**10:00 - 10:55**

*Rückenfit*  
 Marlene

**17:30 - 18:25**

*Pump*  
 Michael

### Samstag , 25.03

**09:30 - 10:00**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Sandra

**10:15 - 11:45**

*Yoga*  
 Sibilla

### Sonntag , 26.03

**09:15 - 10:10**

*Pilates*  
 Marlene

**10:30 - 11:00**

*P.I.I.T*  
 Lena

**11:15 - 12:10**

*Zumba*  
 Sabrina