

Montag , 06.02

08:30 - 09:25

Pump
 Vicky

12:10 - 13:05

Yoga
 Sibilla

13:30 - 14:25

Rückenfit
 Sibilla

18:00 - 18:55

*BBP (Bauch,
 Beine, Po) /
 Bodytone*
 Karin

19:15 - 19:45

Upcon
 Lena

20:00 - 20:55

Yoga
 Anya

Dienstag , 07.02

09:00 - 09:55

Pilates
 Marlene

17:50 - 18:45

Rückenfit
 Martina

19:00 - 19:55

Zumba
 Sabrina

20:10 - 21:05

Pump
 Mariella

Mittwoch , 08.02

08:30 - 09:25

*BBP (Bauch, Beine, Po) /
 Bodytone*
 Karin

09:30 - 10:25

Yoga
 Karin

18:00 - 18:55

Pilates
 Martina

Donnerstag , 09.02

09:00 - 09:55

*BBP (Bauch, Beine,
 Po) / Bodytone*
 Renata

10:00 - 10:55

Pilates
 Marlene

18:00 - 18:30

*BBP (Bauch, Beine,
 Po) / Bodytone*
 Mariella

18:45 - 19:15

P.I.I.T
 Mariella

Freitag , 10.02

10:00 - 10:55

Rückenfit
 Marlene

17:30 - 18:25

Pump
 Mariella

Samstag , 11.02

09:30 - 10:00

*BBP (Bauch, Beine, Po) /
 Bodytone*
 Sandra

10:15 - 11:45

Yoga
 Jasmin

Sonntag , 12.02

09:15 - 10:10

Pilates
 Marlene

10:30 - 11:00

P.I.I.T
 Mariella

11:15 - 12:10

Zumba
 Sabrina