

Montag , 29.05

09:10 - 10:05

Pump
Sophie

Dienstag , 30.05

18:00 - 18:55

Power Yoga
Yvette

19:05 - 20:00

Upcon
Sophie

Mittwoch , 31.05

09:10 - 10:05

Pump
Barbara

10:15 - 10:45

Simply Core
Barbara

18:20 - 18:50

Simply Core
Janine

19:00 - 19:55

Pump
Janine

Donnerstag , 01.06

09:10 - 10:05

Functional Workout
Barbara

18:45 - 19:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Katja

19:35 - 20:30

Pilates
Katja

Freitag , 02.06

10:15 - 11:10

Pilates
Yvette

Samstag , 03.06

Sonntag , 04.06

09:10 - 10:05

Pump
Sandra