

Montag , 03.07

09:10 - 10:05

Pump
Lydia

18:00 - 18:55

Pump
Sophie

19:05 - 19:35

P.I.I.T
Sophie

19:45 - 20:40

Functional Workout
Sara

Dienstag , 04.07

18:00 - 18:55

Power Yoga
Manuela

Mittwoch , 05.07

09:10 - 10:05

Pump
Barbara

10:15 - 10:45

Simply Core
Lydia

19:00 - 19:55

Pump
Janine

Donnerstag , 06.07

09:10 - 10:05

Functional Workout
Barbara

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sophie

19:35 - 20:30

Pilates
Manuela

Freitag , 07.07

10:15 - 11:10

Pilates
Yvette

Samstag , 08.07

Sonntag , 09.07

09:10 - 10:05

Pump
Janine