

Montag , 19.06

09:10 - 10:05

Pump
Lydia

18:00 - 18:55

Pump
Sophie

19:05 - 19:35

P.I.I.T
Sophie

19:45 - 20:40

Functional Workout
Sara

Dienstag , 20.06

18:00 - 18:55

Power Yoga
Manuela

19:05 - 20:00

Upcon
Sophie

Mittwoch , 21.06

09:10 - 10:05

Pump
Barbara

10:15 - 10:45

Simply Core
Lydia

19:00 - 19:55

Pump
Barbara

Donnerstag , 22.06

09:10 - 10:05

Functional Workout
Barbara

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Monika

19:35 - 20:30

Pilates
Monika

Freitag , 23.06

10:15 - 11:10

Pilates
Yvette

Samstag , 24.06

Sonntag , 25.06

09:10 - 10:05

Pump
Barbara