

Montag , 20.03

**09:10 - 10:05**

*Pump*  
Lydia

**18:00 - 18:55**

*Pump*  
Sophie

**19:05 - 19:35**

*P.I.I.T*  
Sara

**19:45 - 20:40**

*BBP (Bauch, Beine, Po) / Bodytone*  
Sara

Dienstag , 21.03

**18:00 - 18:55**

*Power Yoga*  
Manuela

**19:05 - 20:00**

*Upcon*  
Sophie

Mittwoch , 22.03

**09:10 - 10:05**

*Pump*  
Lydia

**10:15 - 10:45**

*Simply Core*  
Lydia

**18:20 - 18:50**

*Simply Core*  
Lydia

**19:00 - 19:55**

*Pump*  
Janine

Donnerstag , 23.03

**09:10 - 10:05**

*Functional Workout*  
Lydia

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) / Bodytone*  
Monika

**19:35 - 20:30**

*Pilates*  
Monika

Freitag , 24.03

**10:15 - 11:10**

*Pilates*  
Yvette

Samstag , 25.03

Sonntag , 26.03

**09:10 - 10:05**

*Pump*  
Raphael