

Montag , 06.02

09:10 - 10:05

Pump
Raphael

18:00 - 18:55

Pump
Sophie

19:05 - 19:35

P.I.I.T
Sara

19:45 - 20:40

BBP (Bauch, Beine, Po) / Bodytone
Sara

Dienstag , 07.02

18:00 - 18:55

Power Yoga
Manuela

19:05 - 20:00

Upcon
Sophie

Mittwoch , 08.02

09:10 - 10:05

Pump
Barbara

10:10 - 10:40

Simply Core
Lydia

18:20 - 18:50

Simply Core
Raphael

19:00 - 19:55

Pump
Janine

Donnerstag , 09.02

09:10 - 10:05

Functional Workout
Barbara

18:30 - 19:25

BBP (Bauch, Beine, Po) / Bodytone
Rahel

19:35 - 20:30

Pilates
Rahel

Freitag , 10.02

10:15 - 11:10

Pilates
Yvette

Samstag , 11.02

Sonntag , 12.02

09:10 - 10:05

Pump
Raphael